

HeartLINE

Connecting with our Volunteers



Where the Heart Is...
Home Health and Hospice Care

OPEN HOUSE - ALL VOLUNTEERS WELCOME

Monday, July 13
1-3 pm

*Come for a tour
of the new
ADORAY office.*

DIRECTIONS: Take Highway 12 East at the intersection of Highway 63 and 12 in Baldwin. Drive approximately 1.1 miles to 2231 Highway 12. Turn right into the parking lot. Enter the red door (near our sign). Take the elevator or stairs to the second floor.

2231 Highway 12, Suite 201, Baldwin

July/August 2009 Happy Birthday!

- 2 Linda Proch
- 7 Becky Timmerman
- 8 Harold Moll
Vicki Stratton
- 9 Nancy Shafer
Marilyn Weiss
- 11 Gail Ruckle
- 12 Marilyn Dusek
Roger Kastelle
- 13 Glennyce Eberspacher
- 15 Vallie Ericson
- 16 Bonnie Blue
Beatrice Brunig
Joe Chatt
Pat Dorwin
- 18 Betty Rudesill
Sarah MacDougall
- 19 Judy Crowley
- 24 Rosemarie Kocian
- 25 Bert Dille
Jane VanSomeren
Mabel Veenendall
- 27 Pam Wirtz
- 28 Sam Chatt
- 29 Rita Huftel
- 31 Courtney Hinchliffe

August

- 6 Ronda Fredericks
- 7 Joe Barbey
Terry Butler
- 8 Dorothy Washington
Rick Moldenhauer
- 15 Judy Grimm
Diane Peterson
Jim Schaffner
- 18 Adolph Propps
- 19 Karen Wevers
Lucy Raihala
- 20 Donna Loiacono
- 21 Mzia Chatara
- 23 Jan Conwell
- 25 Jessica Kocian
- 28 Jim Nelson
- 30 Marlice Shirley
- 31 Betsy Dressler
Marlene Ellingboe

You're invited to ADORAY'S Annual Volunteer Picnic

For Hospice and Baldwin Treasures Volunteers



Monday, July 13, noon
Mill Pond Park, Baldwin

**The park is located
on Maple Street,
6 blocks east of Hwy 63.**

**Please bring a dish to pass.
What if it rains?**

**Come to the ADORAY office
at 2231 Highway 12, Suite 201,
Baldwin.**

Volunteers Give Support through 3M Foundation

ADORAY recently received a 3M Foundation check for \$1,200 through 3M's Volunteer Match program.

Qualifying 3M employees and retirees were: Gary Baribeau, Margaret Blum, Michael Hamerski, Diane Kircher, Linda Proch, and Helen Rosen.

These volunteers gave more than 25 hours each in 2008 to support our home health and hospice programs, serving as hospice volunteers or helping at Treasures from the Heart.

Thank You!

**ADORAY elevator
is in working order**



Reflections

by Mzia Chatara, ADORAY Social Worker

As spring arrived, signs of new life emerged, and as summer comes into full bloom, I have been reflecting on our patients and their families. I find myself quietly grieving as well as quietly saying thank you.

I remember well my first year at ADORAY as hospice social worker. I remember the grief, the utter shock upon hearing of the death of my first patient. How could it be someone I had just met and was beginning to form a relationship with was now gone? I remember endless tears. I also remember those feelings hitting me at every death my first few years. It was as if I had been hit by a train.

Now, several years later, my response to death has changed. Have I developed a hardened shell? No. I think I have been awakened by the sacred experience of death. I have been taught by the experts – our patients – by their courage, their openness, their honesty – as they shared their lives and their deaths. I was taught by our families what



compassion, commitment, true grit, determination, and creativity means as a caregiver.

They taught me to try to face my fears. They taught me to remember the importance of not being judgmental, to pay close attention to what I hold dear in my life, and to try not to take anything for granted. They taught me that life is a gift and in its own way, death is also.

So now, I build relationships with our patients and families, really knowing that I will be saying goodbye. I shed my tears more quietly now; my heart grieves, but not quite so painfully. I am a stronger, and I hope, a more compassionate person because of their lives. My heart is filled with thanks.

from Debbie's desk

All Volunteers

We are looking ahead to fall training for new hospice volunteers. If you know of anyone interested, please let him or her know about the classes. We are especially in need of volunteers near or willing to drive to the Prescott and Somerset areas.

Information sessions:

Monday, Oct. 19, 7 pm at the ADORAY office, Baldwin
or

Monday, Oct. 26, 7 pm at River Falls Area Hospital

Training classes:

Tues, Nov. 3 and 10, 8:30 am to 4 pm, ADORAY office



*A perfect summer day is
when the sun is shining,
the breeze is blowing,
the birds are singing, and the
lawn mower is broken.*

~ James Dent



ADORAY is grateful for funding by United Way St. Croix Valley.

A Friend of ADORAY-

- by Nancy Nichols -

After working for Fortis (now Assurant) for 35 years, I lost my job during reorganization. My husband said, Why don't you find a job doing something you really love to do?

Fortis had a strong corporate spirit of community involvement, and I really enjoyed that I found a job at Goodwill Easter Seals helping people find and keep jobs. It was very interesting, but the long commute to the midway area of St. Paul wore me out. I decided to retire and look for a volunteer opportunity.

My husband had a part time job at the senior center in Baldwin and heard about Treasures from the Heart. I visited the store in River Falls and decided that was where I should volunteer. I hang, tag and steam clothes. I've also sorted incoming donations, vacuumed or whatever else was needed.

Of course, volunteering provides no salary or health benefits. What volunteering at Treasures from the Heart does provide is much more valuable:

Working in a very empowering atmosphere, where everyone's ideas are welcomed.

The staff that makes volunteers feel valued and appreciated.

Meeting volunteers, many my age and older, and hearing their life stories.

It is inspirational to see people use their life skills, experience, and knowledge, in carpentry, sales, mending, cleaning, product knowledge, or creating

beautiful displays of dishes, books, or clothing.

Recycling items that might otherwise end up in a landfill, and providing excellent clothing at reasonable prices for the whole family.

Most important of all, helping to support the ADORAY program.

I didn't start volunteering for the social aspects, but that has turned out to be very important to me. I like to come to work, but sometimes I forget that what all of us volunteers do is for an excellent reason. I'm proud to volunteer for an organization that is highly thought of in the community, and I've seen the personal side of ADORAY. At the lovely volunteer appreciation dinner in April, a young woman talked about how ADORAY staff had eased her father's passing. I was in tears and thanked the young woman for sharing her story with us. Also, one of our neighbors was dealing with an elderly relative and becoming exhausted and frustrated. She finally called ADORAY and has received help that has eased the situation.

What a wonderful feeling to be able to contribute to this organization. Volunteering has enriched my life and made retirement the best time of all!



River Falls Store News - from Bonnie Blue, Manager

The store was blessed in June to receive more than 30 new bridal and formal dresses from Our Shop, a formalwear store in Stillwater. The store is owned by Carol Sudheimer, daughter of volunteer Marcy Franz, who volunteers twice a week with husband Vern. When the dresses came in I had to resuscitate Rachel!! She wanted to get married all over again. Carol also donated many boxes of new shoes and purses to match. Thank you Carol, Marcy and Vern! But there is more to this story - your gift kept on giving later in the week.



Betty Rudesill and I were working the following rainy Saturday morning when 2 young ladies asked to see our wedding dress selection. The bride to be was getting married in September and skeptical of finding any thing of interest. I took them downstairs and showed them

the rack of all the new options. Shortly, we heard a squeal.

"I found the perfect one!" the bride to be said, almost out of breath. I showed her where she could try it on but I was doubtful the dress would fit because she was so tall. The fit was as if the gown was tailor made for her! She stood by the steamer in front of the mirror with fist in her mouth and tears in her eyes while Betty and I grinned from ear to ear. We also found her the perfect wrap, shoes (size 9.5 wide flats, if you can believe) and purse. She left the store with her wedding day dream for under \$100.

Treasures magic extends far beyond and because of our mission. None of this would be possible without the selfless and loyal devotion of you, our wonderful volunteers. We can not keep count of the many ways that you make the world more beautiful. Your gift keeps on giving. Thank you!

TREASURES from the HEART®

Great used goods  at pennywise prices

Baldwin Store News – from Jennifer Soergel



So many wonderful donations
Unbelievable amount of volunteer hours
Many customers finding “treasures”
Making a difference in so many ways
Endless supply of smiles and laughter
Ready for anything!

Our 10 year anniversary was a great success! Many of our volunteers and customers that have been with us since the day we opened shared stories and memories. The store was busy with bargain hunters eager to join in the celebrations. Thank you to everyone who helped us prepare for this big event!

We would like to welcome a few new volunteers: Mary Onkka, Diane Peterson, Rachel Mannon, Angela Steiner, and Laura Troftgruben.

We are blessed to have such a dedicated and reliable group of people. Our volunteers are willing to do whatever needs to be done, ensuring the success of Treasures which in turn helps ADORAY meet the needs of our home health and hospice patients.

Baldwin

Store hours:

Tuesday	9 - 5
Wednesday	9 - 5
Thursday	9 - 5
Friday	9 - 5
Saturday	9 - 5

River Falls

Store hours:

Tuesday	9 - 7
Wednesday	9 - 7
Thursday	9 - 7
Friday	9 - 5
Saturday	9 - 5

Where the Heart Is...
Home Health and Hospice Care
A program of St. Croix Valley Shared Services, Inc.
2231 Highway 12, Suite 201
Baldwin, WI 54002-9248

